



CARSON RESOURCE HOTLINE: (310) 952-1750

Live Operators Available:

Monday - Thursday • 8:00 a.m. - 5:00 p.m.

(Operators are available in Spanish, Tagalog, and Samoan)



Local Resources and Social Services: Call 2-1-1

Email: carsonhealth@carson.ca.us

Website: <http://ci.carson.ca.us/CoronaVirus.aspx>

Carson Sheriff Station Non-Emergency: (310) 830-1123

Carson Cable Station: Channel 35 (Spectrum Customers) • Channel 99 (AT&T Customers)



EMPLOYMENT

South Bay One-Stop: For job opportunities, email carreception@sbwib.org

Employment Development Department (EDD): edd.ca.gov/claims.htm



RESOURCES FOR CARSON BUSINESSES

Business and Employment Development (310) 952-1775 Monday - Thursday • 8:00 a.m. - 5:00 p.m.

Los Angeles County Economic Development Corporation (LAEDC)

<https://laedc.org/coronavirus/>



HEALTH & WELLNESS

Free Virtual Urgent Care: dignityhealth.org/virtualcareanywhere

LA County Department of Mental Health Support Line: (800) 854-7771 Available 24/7

Los Angeles County Public Health: <http://www.publichealth.lacounty.gov/media/Coronavirus/>



MEAL DISTRIBUTION

LAUSD Grab & Go food distribution centers for all ages are located at Banning High School, Curtiss Middle School, Rancho Dominguez Preparatory School, and Stephen White Middle School. Weekdays, Monday - Friday, 8:00 a.m. - 11:00 a.m. For more information visit www.lausd.net

City on the Hill Church Grab & Go for seniors and kids Weekdays, Monday-Friday at 1:00 p.m., (310) 740-9363

YMCA Meals on Wheels: Seniors age 60+ can call (310) 602-4909

Lighthouse Lunch Pick-Up: Carson Community Center Monday - Thursday, 11:00 a.m. (while supplies last)

Everytable: COVID-19 Hotline: (323) 458-6487 Mainline: (424) 296-1619

Los Angeles Regional Food Bank: (323) 234-3030



HOUSING

Emergency Shelter: Harbor Interfaith Services (424) 276-3609 Monday-Friday 8:30 a.m. - 4:30 p.m.

Housing Rights Center: Tenant and landlord concerns (800) 477-5977 www.hrc-la.org

Homeless Outreach Portal: Connect a homeless individual with resources at www.lahsa.org

All information is subject to change. Please call to verify services.